

***“Important Information
for Expectant Parents”***

Baby psychology and parent psychology are interconnected. We have much to learn about baby psychology and positive parenting. What typically goes on subconsciously and psychologically between babies and their parents is extremely influential and often shocking.

- When a couple becomes pregnant, they have mutually created a physical state that comes with serious loving responsibilities

- It is now widely acknowledged that there are physical perils created by a pregnant woman choosing to indulge in alcohol, street or prescription drugs, cigarette smoking, junk foods, and failing to exercise. These choices negatively impact and cause pain to an unborn baby. These choices negatively alter a mother’s blood, and because her unborn baby is an integral part of her bloodstream during pregnancy, the embryo or fetus suffers painful physical consequences.

- However, there are other types of baby perils; “nonphysical perils.” These perils are equally important, and in some instances, more important. I am referring to the psychological perils that consistently cause distress and hurt tiny and vulnerable embryos or fetuses. These psychological perils, like the physical perils, require positive changes and positive parenting, if the baby psychology and baby experience is to be healthy and pain-free.

- Most expectant mothers and fathers (even those who seem to be caring and doing all the “right” things for their

unborn babies) are causing their babies considerable mental, emotional, and physical pain every time they selfishly react in extreme angry or fearful ways. Especially, when they choose to suppress and refuse to acknowledge and honestly express their true negative thoughts and feelings. Negative psychological energies are caustic to vulnerable unborn babies and infants. These negative energies create ongoing stress, distress, pain, and suffering.

- The hundreds of clairvoyant observations recorded by my co-researcher Jean Mastellone have consistently revealed examples of how embryos and fetuses in the womb use their “natural clairvoyance.” They can tune-in to, sense, perceive, interpret, and understand what their parents are intending, thinking, and feeling--consciously and subconsciously. They also know what those various mental and emotional energies mean. They do this in primitive and natural ways.

- Their natural clairvoyant abilities allow unborn babies and their parents to communicate subconsciously, long before a child is old enough to acquire social verbal language skills.

- Unborn babies frequently react to their parents’ negative psychological energies and states in fearful and angry ways. Their negative reactions, when repeated often, can lead to the development of destructive behavior patterns. Patterns of avoidance, withdrawal, resistance, anger, or aggression usually have roots that reach back into the womb and have far-reaching hurtful effects throughout the growing up years and into adult life.

- An expectant parent’s negative intentions, attitudes, thoughts, and feelings typically are selfish reactions that

relate to the parent's own parents, spouse, sexual partner, or older children, but they can also be reactions to being pregnant and having a new baby. Those negative energies are particularly hurtful and harmful to an unborn baby when they are strong and relate directly.

- Some of the most hurtful psychological maneuvers expectant parents can do in relation to their unborn babies is to consciously ride-above or provide conscious rationalizations and excuses for selfish thoughts, feelings, actions, reactions, and experiences.

- Most people do not allow themselves to be consciously aware of what is going on in their subconscious. Most keep consciously distant from their true and basic subconscious intentions, thoughts, feelings, actions, and reactions. Many consciously walk around with rose-colored glasses, selectively blocking negatives from their conscious perception.

- Every selfish person is choosing to make the bulk of his or her most hurtful and most destructive choices subconsciously.

- We intentionally and selfishly block important details and experiences from our conscious awareness, and have little or no conscious awareness of what we are subconsciously intending, thinking, feeling, and doing. We do this so we can indulge in positive self-images and illusions, keep our true intentions hidden from others, and vainly attempt to avoid the full personal responsibility we have for our negative choices and circumstances. Nevertheless, whether we are consciously aware or not, personal responsibility for choices cannot be negated.

- A parent who is unwilling to be wrong and unwilling to explore and positively deal with or change his or her negative psychological states are guaranteeing that they will be consistently and negatively impacting-on their unborn babies in painful ways.

- When we rationalize and justify wrong choices and actions, and convince ourselves that those choices were “unavoidable,” “harmless,” “normal,” or “uncontrolled responses,” we do our babies and ourselves a great disservice.

- Consciously, most people manage to pretend that many wrong choices never happened. They refuse to be aware of or acknowledge that the inevitable negative consequences to others or to selves are the result of wrong choices.

- As far as unborn babies are concerned the subconscious represents the real and true. They do not relate to pretense, deceptive images, or controlled ideas. It is as if they do not see these “psychological smoke screens.”

- Irresponsible individuals like to view their personal subconscious as “alien, dark, mysterious, and inaccessible.” That is simply not true. We know everything about ourselves and know where we have stored personal items in our subconscious.

- If you doubt the truth of that statement, try doing this: Recall the name of your best childhood friend. If you were able to remember that person’s name, you just successfully accessed and retrieved data from your personal subconscious.

- Depending on how old you are, you probably have billions of bytes of memory data stored as memory in your subconscious. Now consider this, it likely took you a few seconds to recall your friend's name from amongst all the data in your memory files. An amazing feat, accomplished without you consciously knowing what you were doing or where you were looking for the desired information. We access our personal subconscious many times throughout a given day without being consciously aware of the process.

- Some believe the lie that their personal subconscious is able to “overpower them and make them do things (usually destructive) that they did not intend or desire to do.” That is another selfishly irresponsible lie.

- The truth is there is nothing that we intend, think, feel, or do, that we do not subconsciously and deliberately first choose to do. This is an unalterable fact of life.

- A baby in the womb is especially vulnerable to his or her mother's negative thoughts and feelings (which never “just come over” her from out of the blue). Every time a negative thought or feeling enters a parent's conscious awareness, it resulted from a subconscious choice that, first, was selected, energized, and activated or enacted, subconsciously. We subconsciously initiate, control, and orchestrate everything we think, feel, and do.

- It is vitally important to the well-being of every embryo and fetus that parents do not dismiss or make light of so-called “unwanted” negative thoughts, feelings, actions, or reactions. Whenever a pregnant woman thinks to herself, “I do not want this baby,” then, quickly reassures herself, “That is silly, of course, I want this baby.” I have been hoping and planning for it for years. That kind of

negative thinking and rationalizing is not a light matter for her unborn baby. Her baby will sense, see, and know her deeper thoughts and feelings.

- Pregnant women (and men) should stay with their conscious negative thoughts and feelings and make time to explore them by going deeper and asking “Why? Why was I just thinking or feeling that?”

- Were an expectant parent to stop when having a negative experience, then, go inward, and follow his or her negative thoughts and feelings, a door would open to the personal subconscious and its relevant content. This investigative process hinges on the person being sincerely willing to see and be wrong about negative truths about self in relation to the pregnancy, the new baby, the parental relationship, and family situation.

- Attempting to trace back a negative attitude, thought, feeling, action, or reaction to one’s basic intention will lead to better self-understanding. Making the effort, and being willing to take full responsibility for choices and circumstances, will place an expectant parent in a psychological position to make positive, lovingly responsible changes.

- Such choices and changes will help to clear the negative conscious and subconscious mental and emotional atmosphere that their unborn baby is experiencing. This would greatly reduce their unborn baby’s discomfort, irritation, fear, pain, and suffering. What more motivation might expectant parents who sincerely wish to be positive parents need? []

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